

Requirements: minimum age of 18 years; no previous experience required; has an aptitude for working at height.

Minimum 4-day training course
1-day independent assessment

LEVEL 1
Rope Access Technician
Valid for 3 years

Revalidation of Level 1

Minimum 12 months experience
and 1,000 hours logged before
the expiry date

Minimum 4-day training course in
rope access, rigging and rescue.
1-day independent assessment

LEVEL 2
Rope Access Technician
Valid for 3 years

Revalidation of Level 2
Before expiry date

Revalidation of Level 2
After expiry date

Minimum 12 months experience
and 1,000 hours logged before
the expiry date

Minimum 4-day training course in
rope access, rigging and rescue.
1-day independent assessment

First-aid training

LEVEL 3
Rope Access Technician
Valid for 3 years

Revalidation of Level 3
Before expiry date

Revalidation of Level 3
After expiry date

Attitude

In order to ensure a safe work environment, candidates must have an appropriate attitude alongside fitness and physical capabilities. An appraisal can be arranged with a TMC if unsure. Rope access work is often remote and far from outside help, meaning a respect for heights and responsible behaviour is required to prevent any incidents. TMCs have the right to exclude any candidate from training if they have concerns over their fitness or attitude. Candidates also need to be at least 18 years of age.

Medical

Candidates need to be physically fit and unaffected by any disability/medical condition which prevents them from working safely, and are required to certify that they do not have any medical disabilities, by a self-certification (download Form 014 [here](#)). It is recommended that any condition has a medical certificate or doctors note to show potential employers that it won't affect their work at height. Any long-term condition should be re-assessed medically to ensure appropriate medical condition.

Should you have any queries regarding your medical condition and how it may impact your IRATA training please contact info@irata.org.

Theory

Candidates applying for a re-register or upgrade course should be competent in all practical as well as theoretical requirements for their current level, and should be capable of performing all techniques and answering questions at that level.

Those deemed not competent to their existing level may require additional training.

Work experience

Candidates looking to take an upgrade need to ensure that their certificate is valid on the day of assessment and that they also have at least one years' experience alongside 1000 working hours signed off correctly in their logbook (see 4.13 for details on logbooks).

Technicians should present their logbook to the TMC at the beginning of the course for re-validations or upgrades. Lost logbooks can be replaced [here](#).